

# ***DDMIX with Gillie & Liz/Dance On Zumba and Line/Pink Cadillacs Line Dancing***

**BULLETIN NO: 11 - 19 November 2020**



**Hello Everyone,**

So, we've got halfway through this month of lockdown now and very much hope you are all still keeping busy and well – and dancing of course!

Many of you have enjoyed Liz's Zoom classes during the last two weeks and she will continue them during this lockdown period.

We are still very much hoping to be back with 'live' classes in December but, of course, just have to wait and see how everything goes and what is allowed to happen after 2 December. We will let you know just as soon as we know!

So, in the meantime, here's confirmation of Zoom classes coming up and another 'virtual' Line Dance class for you to enjoy at home.....

## **KEEP DANCING WITH ZOOM!**

<b>Tuesday 24 November – 10.30am</b>	<b>Zumba Gold</b> + a line dance and DDMIX
<b>Wednesday 25 November – 2pm</b>	<b>Latin/Spanish Theme</b> – mix of Zumba, line and DDMIX
<b>Thursday 26 November – 2pm</b>	<b>Zumba Gold</b>

Liz will email links to these classes, as usual, this weekend and keep you informed of others

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coming up if you are already purchasing Zoom class tickets from her. If you are not and would like to, they are available in batches of five for £20 – please contact Liz for full details (contact information below).

**Friday 20 November – 9.30am**  
and **subsequent Fridays** for the  
foreseeable future

**DDMIX** half hour class, led by Dame Darcey  
Bussell or Giselle Parker – free of charge via  
Facebook, search for DDMIX

## **LOCKDOWN HOEDOWN CHRISTMAS PARTY**

We cannot have the usual Christmas parties for our classes this year, sadly, so please come to our **Christmas Hoedown** on Zoom instead! It will be on **Saturday 19 December**, late afternoon – time to be confirmed. Bring all the family for some fun seasonal music and dance.

We guarantee it will finish in time for the Strictly Final!

## **VIRTUAL LINE DANCE CLASS (8)**

Here's a Virtual Line Dance Class for you to do in one go, or bit by bit, based on **Latin-American Themes and/or Styles** – links are given below to videos to dance with and all dance scripts are in a folder which will be emailed out the same day as this Bulletin.

Enjoy!

**Can't Tell a Waltz from a Tango** <https://linedancerweb.com/dance.php?id=6400>

Beginner dance by Audri R

**Jo n' Jo Tango**

[https://www.youtube.com/watch?v=wylic6nVcmU&feature=emb\\_rel\\_end](https://www.youtube.com/watch?v=wylic6nVcmU&feature=emb_rel_end)

Beginner dance by Jo Thompson Szymanski & Rita Jo Thompson

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### **Stroll Along Cha Cha**

[www.danceon.org](http://www.danceon.org)

Beginner dance by Rodeo Cowboys – in Danceon, click on videos and scroll down to page three.

### **Smokey Places**

<https://linedancerweb.com/dance.php?id=33575>

Improver dance by Michele Perron

### **A Touch of Rumba**

<https://www.linedancerweb.com/dance.php?id=950>

Beginner dance by Juliet Lam

### **La Fiesta**

<https://www.linedancerweb.com/dance.php?id=21144>

[id=21144](https://www.linedancerweb.com/dance.php?id=21144)

Beginner dance by Andrew & Sheila Palmer and Simon Cox - you can replace the rolling grapevine shown in this video with a straight one (what we usually do!)

### **Tequila Boom Boom**

[https://www.youtube.com/watch?](https://www.youtube.com/watch?v=ndsXoxHx_oY&list=RDndsXoxHx_oY&start_radio=1)

[v=ndsXoxHx\\_oY&list=RDndsXoxHx\\_oY&start\\_radio=1](https://www.youtube.com/watch?v=ndsXoxHx_oY&list=RDndsXoxHx_oY&start_radio=1)

Beginner dance by Jamie Barnfield

### **County Line Cha Cha**

[https://www.youtube.com/watch?v=Q8wz5VuM\\_90](https://www.youtube.com/watch?v=Q8wz5VuM_90)

Beginner dance (choreographer unknown)

**Usual safety reminder for exercising at home** ..... please be careful and check the space you have available to dance at home, especially where there are arm movements (remove those precious ornaments/vase of flowers too..!!) and, if you're dancing on carpet, take care especially with turns and faster movements. (Full safety notes are on [www.danceon.org](http://www.danceon.org))



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Hope you are enjoying this series of **Strictly Come Dancing** – have become an avid watcher of the **It Takes Two** programme on weekday nights too – soaking up all this wonderful dance, fun and glitter in these not at all glittery times!!

Please take care and we hope to see you all again very soon.

***Gillie & Liz***

**DDMIX with Gillie & Liz/Dance On Zumba & Line/Pink Cadillacs Line Dancing**  
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