

# ***DDMIX with Gillie & Liz/Dance On Zumba and Line/Pink Cadillacs Line Dancing***

## **BULLETIN NO: 13 - 17 February 2021**

Hello Everyone,

How are you all, apart from still being 'locked down' of course?! Hopefully well and managing to dance/exercise as much as possible in these wintry months.

With a government statement due next week and the successful progress of the vaccination programme, hopefully we may soon have some information that means we can at least begin re-planning 'live' classes before too long.

In the meantime, here is what you will find in this month's Bulletin –

- 'Valentine's' Virtual Line Dance Class
- Answers for last month's Dance Crossword
- Next Zoom Classes
- At your leisure....Dance-themed Quiz, video clips and other news.



## 'VALENTINE'S' VIRTUAL LINE DANCE CLASS - (Class 10)



Here's a virtual class for you to enjoy in your own time – all line dances with a 'love' theme, including A Little Love, a new dance last time and another new one this time – A Little Love Storm!

**Cupid Shuffle**                      Absolute beginner dance, unknown choreographer  
<https://www.linedancerweb.com/dance.php?id=8807> (Go forward to 3:25 for dance start.)

**A Little Love**                      Beginner dance by Jo Thompson-Symanski, Michael Barr & Michelle Barton  
[www.linedancerweb.com](http://www.linedancerweb.com) (Quick Search for dance title in top righthand corner of screen)

**A Little Love Storm**              Absolute beginner dance by Norman Gifford & Jo Thompson-Symanski  
<https://www.linedancerweb.com/dance.php?id=59330>

**Dreamboat**                          Improver dance by Robbie McGowan Hickie  
[www.danceon.org](http://www.danceon.org) (Videos page 3)

**Love Trick**                          Beginner dance by Rachael McEnaney  
<https://www.linedancerweb.com/dance.php?id=23529>

**Love Me or Leave Me**              Improver dance by Frank Trace  
<https://www.linedancerweb.com/dance.php?id=23393>

**Imitation Love**                      Absolute Beginner dance by Gary Lafferty  
<https://linedancerweb.com/dance.php?id=57582>

**Dance scripts** for the above in a folder to be emailed separately from this Bulletin, as usual, and reminder of **safety checks** for exercising at home – check

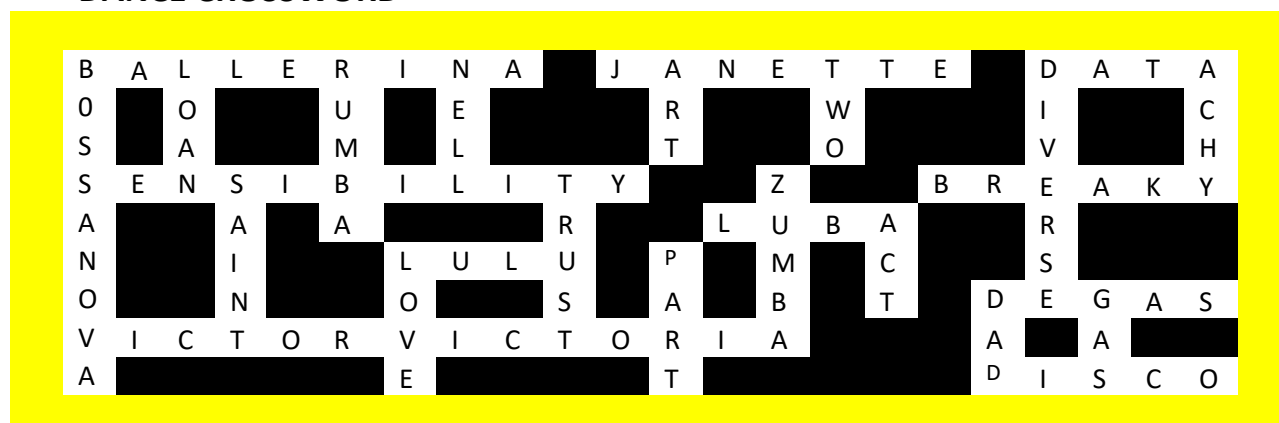
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the space you have available to dance, especially where there are arm movements (flowers/ornaments/ceiling lights!!) and, if you're dancing on carpet, take care especially with turns and faster movements. (Full safety notes on [www.danceon.org](http://www.danceon.org))



## Answers for last month's Dance Crossword!

### DANCE CROSSWORD



### Next Zoom Classes

- **Thursday 18 February** Zumba with Liz – 2pm
- **Friday 19 February** DDMIX Zoom with Darcey or Giselle – 9.30am
- **Tuesday 23 February** Zumba (+ a line and a DDMIX) with Liz – 10.30am
- **Wednesday 24 February** Line Dance with Liz – 2pm

If you're not already booked on to **Liz's Zoom classes**, please contact her direct

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for details of purchasing tickets. Zumba classes are weekly at the same time as above, but the Line Dance Zoom is fortnightly at the moment.

**DDMIX Zoom** sessions, as before, via Facebook and search for DDMIX.

What fun some of us had at Liz & John's Valentine's Hoedown last Saturday – a red and white theme and the 'kitchen studio' brilliantly decorated with hearts!

The dances were great to do with or without a 'Valentine' and thanks to Shep for his singing too.

### **AT YOUR LEISURE.....!**

**Video clip - 'The Evolution of Dance –  
1950 to 2019 by Ricardo Walker's Crew -**  
<https://www.youtube.com/watch?v=p-rSdt0aFuw>

This sounds very serious doesn't it, but it's not! Clips within a clip of famous dances from 1950 to 2019, to very well-known songs.

I challenge you to let me know how many of the clips you managed to join in with and dance to first time round!!

### **DANCE-THEMED QUIZ**

(acknowledgement: FreePubQuiz)

1. What dance style means double step in Spanish?
2. The tango originated in the 1880s in which country?
3. Which type of dance turn is a spin on one foot, with the other foot raised and touching the knee of the supporting leg?
4. Can you name the winner of the first series of BBC's *Strictly Come Dancing*?

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5. Who was Fred Astaire's best-known dancing partner?
6. The Charleston was most popular in which decade of the 20<sup>th</sup> century?
7. Chubby Checker's 1960 cover version of a song gave birth to which dance craze?
8. Which dance do you associate with La Goulue, a French dancer who was a star of the Moulin Rouge?
9. In classical ballet, how many foot positions are there?
10. Which dance originated as an interval performance act during the 1994 Eurovision Song Contest?

Answers next time!

### **Darcey Bussell's 'Wild Coasts of Scotland'**

Something a bit different from Darcey – a four-part series on her travels around the islands of Western Scotland, with some traditional dancing of course.

It's on More4 at 9pm on Mondays – two more episodes to go, but the first two also to be available on C4 demand service All4. Nice, gentle programmes for a lockdown Monday evening....

### **A Line Dance with a Difference!**

<https://www.youtube.com/watch?v=QH7CR1B8Ys>

Maybe we should try copying this line up of Russian dancers sometime!!  
(Thanks to Jean Campbell for originally sending this to me.)

Take care everyone – **Keep Dancing!**

***Gillie & Liz***

**DDMIX with Gillie & Liz/Dance On Zumba & Line/Pink Cadillacs Line Dancing**  
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